

Benefits Events Calendar

Seminars are open to all City employees. Pre-register for new employee benefits orientation using the email address provided. **If there is no registration information, registration is not required.** Questions? Contact the Benefits Unit at **206-615-1340** for most sessions or call **206-447-1924** if you have questions about the Deferred Compensation presentations.

October 2022			
Date	Event	Time	Location/Registration
10/5/22 Wednesday	Managing Your Money in Tough Times	11:00 am – 12:00 pm	Click here to register https://bit.ly/3xHNFaj
10/5/22 Wednesday	Flexible Spending Account Webinar	11:30 am – 12:00 pm	Click here to register
10/6/22 Thursday	Open Enrollment: What's Changing Next Year	10:00 am – 11:00 am	Click here to join https://bit.ly/3ScgdRh
10/11/22 Tuesday	Flu Shot Clinic – Bitter Lake Community Center	7:30 am – 9:30 am	Click here to sign-up https://bit.ly/3pRjIR5
10/11/22 Tuesday	Open Enrollment: What's Changing Next Year	12:00 pm – 1:00 pm	Click here to join https://bit.ly/3DCLE34
10/12/22 Wednesday	Flexible Spending Account (FSA) Information Session Webinar	12:30 pm – 1:00 pm	Click here to register
10/13/22 Thursday	Flu Shot Clinic – City Hall @ Bertha Knight Landes Room	11:30 am – 1:30 pm	Click here to register https://bit.ly/3pRjIR5
10/13/22 Thursday	Open Enrollment: What's Changing Next Year	2:00 pm – 3:00 pm	Click here to join https://bit.ly/3Bv7H96
10/13/22 Thursday	Women and Depression	11:00 am – 12:00 pm	Click here to register https://bit.ly/3S3nbs9
10/18/22 Tuesday	Flu Shot Clinic – Jefferson Community Center	9:00 am – 11:00 am	Click here to sign-up https://bit.ly/3pRjIR5
10/24/22 Monday	Managing Strong Emotions	11:30 am – 12:30 pm	Click here to register https://bit.ly/3qXWUQ8
10/25/22 Tuesday	Flu Shot Clinic – Seattle Municipal Tower (SMT)	9:00 am – 1:00 pm	Click here to sign-up https://bit.ly/3pRjIR5
10/26/22 Tuesday	Understanding your updated Deferred Compensation statement	12:00 pm – 12:30 pm	Click here to register
10/27/22 Wednesday	Understanding your updated Deferred Compensation statement	12:00 pm – 12:30 pm	Click here to register

Online Any time	Health Plan Options for Retiring Employees	N/A	http://www.seattle.gov/human-resources/benefits/retirees/scers
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